



To compare the empathy level between first years and third year B.Sc nursing students of A selected college at Mangalore

Acsa Mariat Shaji^{1*}, Agna Shaju¹, Abhiya Shaju¹, A S Anjali¹, Honey Gundami²

¹Department of Nursing, Obstetrics and Gynaecology Nursing department, Athena College of Nursing, Mangalore, Karnataka, Tamil Nadu, India

²Lecturer, Department of Obstetrics and Gynaecology Nursing, Athena College of Nursing, Mangalore, Karnataka, Tamil Nadu, India

Abstract

Introduction: Empathy is the recognition and understanding of the states of mind, beliefs, desires and particularly, emotions of others. Empathy is the process of attending to, understanding, and responding to another person's expressions of emotion and also a key element for establishing most kinds of meaningful social relationships between people. Empathy has been demonstrated to enhance the nurse patient relationship and to improve both patient and nurse satisfaction.

Objectives: To assess the level of empathy among first year B.Sc. Nursing students using the empathy scale. To assess the level of empathy among Third year B.Sc. Nursing students using the empathy scale. To compare the level of empathy between First year B.Sc. Nursing students.

Methods: The research design selected for the study was descriptive comparative design. Data was obtained from 40 first year B.Sc. Nursing students and 40 Third year B.Sc. Nursing students and the sample was selected using purpose sampling technique. Data was collected with the help of an empathy scale. The obtained data was analysed by using descriptive and Inferential statistics and interpreted terms of objectives of the study.

Results: The collected data must analysed by descriptive and inferential statistics. The result of the Studies showed that while the most of the third year B.Sc. Nursing students had good empathy, only 46% among first year B.Sc. Nursing students had good empathy more than half of the first year B.Sc. Nursing students had moderate empathy the comparison of area voice mean percentage scores of empathy show that both 1st year and third year B.Sc. nursing students had good empathy towards the other people (70.22%,74.76%) and other persons situation (61.65%,67.75%). With regard to self the 1st year B.Sc. nursing students had moderate empathy (57.25%) but the third year B.Sc. nursing students had good empathy (69.63%). Overall, both 1st year (61.06%) and third year (70.41%) students had good empathy. There was no significant association between the empathy score of 1st year and third B.Sc. nursing students with selected baseline characteristics.

Conclusion: In the present study most of the first year B.Sc. nursing students had good empathy, only 46% among third year B.Sc. Nursing students had good empathy. More than half of the third year B.Sc. Nursing students had moderate empathy.

Keywords: Level of empathy, first year B.Sc. Nursing students and third year B.Sc. Nursing students

Introduction

The changes that have taken place in medicine over the past few decades have challenged and even modified historically held views about the responsibilities and obligations of those providing health care and about their relationships with their patients. The demands brought by technologic advances and economic concerns have tested our ability to practice human, empathetic and ethical medicine. Empathy is the ability to emotionally understand what other people feel, see things from their point of view, and imagine yourself in their place. Empathy is a complex, multi dimensional concept that has moral, cognitive emotive and behavioural components. Clinical empathy in volve an ability to understand the patients situation, feelings, to

communicate that understanding and check its accuracy and to act on that understanding with the patients un a helpful way.

Objectives

1. To assess the level of empathy among First year BSc. Nursing students using the empathy scale
2. To assess the level of empathy among Final year BSc. Nursing students using the empathy scale
3. To compare the level of empathy between First Year and Final year BSc. Nursing students.

Results

1. Description of baseline variables

Variables	1 st year		3 rd year	
	f	%	f	%
Age is years				
a. 18-20 years	39	97.5	23	57.5
b. 21- 23 years	0	0	16	40
c. 24 years more	1	2.5	1	2.5
Gender				
a. Male	1	2.5	0	0

b. Female	39	97.5	40	100
Religion				
a. Hindu	4	10	4	10
b. Muslim	0	0	0	0
c. Christian	36	90	36	90
Type of family				
a. Nuclear	33	82.5	28	70
b. Joint	7	17.5	12	30
Domicile				
a. Rural	21	52.5	31	77.5
b. Urban	19	47.5	9	22.5
Occupation of parents				
a. professional	9	22.5	8	20
b. Nonprofessional	24	60	26	65
c. Mixed	7	17.5	6	15

Discussion

This Chapter present the major finding of the study and review them in relation to the finding from other study conducted by other researcher. The main aim of the study was to compare the level of empathy between 1st year and third year BSc nursing students.

The subjective of study were

1. To assess the level of empathy among first year BSc students using the empathy scale
2. To assess the level of empathy among the third years students using the empathy scale

Major findings of the study and discussion

1. Sample characteristic

- the age wise distribution of the subjects shows that most of the first year BSc nursing students and third year BSc nursing students were between 18 to 20 years
- Among first year BSc nursing student 97 % where female and 2% where male Where as among third year BSc nursing were female
- The parents of the most of the first year BSc nursing students were non professionals

Comparison of level of a empathy of first year and third year BSc nursing students

I year B S.c Nursing	III year B. S.c Nursing			
	Frequency	Percentage	Frequency	Percentage
Very good	17	42.5	13	32.5
Good	15	37.5	17	42.5
Moderate	8	20	10	25
Poor	0	0	0	0

Association of empathy of a first year under the third year BSc nursing students with selected baseline characteristics

The findings of the study shows that there was no significant association between the empathy score of a first year BSc nursing students and selected baseline characteristics, hence null hypothesis was accepted.

This character has deal with the significant findings of the study in relation to other studies earlier studies conducted by the other resources are also Showed that educational program e clinical experience our helpful in increase the

level of empathy the next chapter deals with the conclusion drawn based on the findings of this study.

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